A pathway to improve bereavement care for parents in England after pregnancy loss or the death of a baby



# Stillbirth

Bereavement Care Pathway

Led by



#### In partnership with:































nbcpathway.org.uk

NBCP for use in England from September 2025



# About the NBCP

The National Bereavement Care Pathway, led by a multi-agency Core Group of baby loss charities and professional bodies, has been developed in order to improve bereavement care and reduce the variability in provision for families experiencing miscarriage, ectopic pregnancy and molar pregnancy, termination for fetal anomaly, stillbirth, neonatal death or sudden and unexpected death in infancy up to 12 months.

This quick reference guidance has been prepared to assist all healthcare professionals and staff who are involved in the care of women and birthing people experiencing stillbirth. Other documents are available that describe the pathway for the other childbearing losses.

The Core Group gratefully acknowledges the support and contribution of the Department of Health and Social Care (DHSC) and Teddy's Wish to the early development of the NBCP.

For further information, please see nbcpathway.org.uk.

"Parents don't need protecting; they need the chance to be parents, provide their child with dignity and create memories."

**Bereaved parent** 



## Bereavement care standards

These nine standards for bereavement care underpin the NBCP guidance. A Trust that meets these standards is considered to be providing good bereavement care.

Trusts should audit their service provision against these standards to identify gaps in the care they provide, and develop plans for improvement. A self-assessment tool is available for all Trusts in England to conduct this audit, see <a href="mailto:nbcpathway.org.uk">nbcpathway.org.uk</a>.

Implementation of these standards via the pathway will help Trusts to meet the elements of the Care Quality Commission's assessment framework for maternity.

#### **Parent-focused standards**

- 1. All bereaved parents and families are provided with **personalised care**.
- 2. All bereaved parents and families have the opportunity to use an appropriate, available and accessible bereavement room.
- 3. All bereaved parents and families are offered opportunities to **make memories**.

#### **Communication and learning standards**

- 4. All bereaved parents and families are informed about and, where needed, referred for emotional support and for specialist mental health support.
- 5. A **system** is in place to clearly **signal** to all health care professionals and staff that a parent has experienced a bereavement.
- 6. Bereaved parents and families are confident that **learning** from their baby's death will take place and are fully informed throughout.

#### **Staffing standards**

- 7. Bereaved parents and families receive their care from an **appropriately staffed** team.
- 8. All staff involved in the care of bereaved parents and families receive the training and resources they need to provide high-quality bereavement care.
- 9. Healthcare staff are effectively **supported** to care for bereaved parents and families.

The NBCP bereavement care standards are cited extensively in national reviews, policy and clinical guidance. A full list of citations is available on the website.

A self-assessment form is available to help you to assess the quality of care in your Trust against the nine bereavement care standards. Your bereavement lead should have one of these, otherwise contact us via bereavementcare@sands.org.uk.

## Terminology

## The NBCP editorial panel acknowledges that language matters, and that it is complex and continually changing.

We encourage all staff to follow the principle of asking the person they care for how they would like to be referred to and to mirror the language used by families when speaking to them about their experiences. The guidance below outlines important points on language use throughout the pathways:

- The terms 'healthcare professionals' and 'staff' are used throughout to denote all of those professionals working with bereaved parents.
- Throughout the pathways we use the additive language 'women and birthing people' to include individuals who do not identify as women.
- The term 'baby' (or 'babies' in the case of multiple pregnancies) is used throughout the pathways to refer to the first trimester of a pregnancy through to the neonatal period. In earlier losses many people will prefer to conceptualise their baby and will develop strong attachments to them from the moment they discover that they are, or were, pregnant. However, some people will be more comfortable with terminology such as 'fetus' or 'pregnancy' and will not find the term 'baby' to be appropriate in their situation. While we have used the term 'baby' throughout the guidance, it is important to recognise that not everyone who experiences a perinatal bereavement will want to refer to their loss using this language. The language preferences of those people experiencing a loss should always be mirrored when communicating with them.
- The term 'parents' is used to refer to expectant and bereaved people and partners. Many people will consider themselves parents from the time they discover they are, or were, pregnant. However, not everyone who experiences pregnancy loss or the death of a baby will want to be referred to as a parent. Therefore, when using this guidance staff should be sensitive to the individual preferences of those they are caring for.
- We recognise that who a 'family' is may involve different structures and diverse experiences. Where 'family' or 'families' are referred to in this document, we advise healthcare professionals to consider that there is not one type of bereaved family but to ensure that the individual is given opportunity to explain who they consider their family or support structure to be.
- The term 'partner' is used to refer to whoever is there as a close support to the person being cared for. Not everyone will have a partner and/or may not have them with them in the clinical setting, while others may be with a friend or family member, or may have more than one partner. As such, ask rather than assume who is in the room and what their relationship to the woman or birthing person is.
- We have used the phrase 'Trusts' because the rapid changes in the way that health services are structured and managed across the country make it impossible to use a phrase that covers all the bodies involved. In the devolved nations the term 'Board' is used. However, the pathway will also be applicable to independent healthcare establishments and to all other bodies that may be set up in the future to organise and provide care for women, birthing people and families experiencing a childbearing loss.

Finally, because this is a pathway focused on improving outcomes for women, birthing people and families, by its very nature it is quite directive and as such in a number of sections we have also used the term 'should' (for example 'staff should be trained'). Essentially this is shorthand for 'good practice suggests that'.

# Recommendations: when a baby is stillborn

## A. Diagnosis and delivering difficult news

- Prepare parents for difficult news and inform parents something may be wrong as soon as it is suspected.
- Prepare yourself for giving difficult news by gathering information and consulting with colleagues.
- Find an appropriate place.
- Ask the parent(s) whether they would like a support person present.
- Use clear, straightforward language, with no euphemisms or jargon.
- Give parents time to absorb news and answer any questions you are able to, within your scope of practice.
- Give parents information about what happens next. Provide written information and contact details for a named health professional (a template contact card is available from <u>nbcpathway.org.uk</u>).
- Check the parents can get home safely offer a taxi if necessary.
- If there is one or more surviving sibling from a multiple pregnancy, do not focus solely on them. Acknowledge the baby who has died. Recognise the challenge that the parents face in celebrating the arrival of one baby and the tragic death of the other baby or babies.
- Staff should also ensure that if an interpreter is needed, this is arranged prior to the discussion.

## **B.** Delivery and birth

If the baby shows signs of life when born, see section on coroners in the full neonatal death pathway

#### Death before the onset of labour

- Discuss the birth plan, including place of birth, method of delivery, pain relief, timings and memory making.
- Provide written details of where care will be provided and prepare parents for what to expect during induction, labour and birth.
- Provide a named contact in case the parents change their mind or have any questions.
- Ensure all staff seeing parents during labour and birth are aware of the baby's death and communicate sensitively.
- Ensure staff are sensitive to sounds e.g. newborn healthy babies, that may be upsetting for bereaved parents to hear.
- Ensure continuity of carer where possible.
- Consider onward transport needs.

#### **Death during labour**

- Be open and honest about the situation.
- Introduce any new members of staff.
- If a change in staff or place of care is needed, talk to the parents and try to accommodate their wishes as far as possible.

### B. Delivery and birth continued

#### In general

- Enable the woman or birthing person to have a partner or support person with her at all times.
- With the woman or birthing person's consent, keep the partner or support person informed.
- Provide the partner or support person with emotional support.
- Accurately complete all necessary paperwork, including the previous stillbirth form for the woman or birthing person's notes (a template form is available from <a href="nbcpathway.org.uk">nbcpathway.org.uk</a>). With consent from the woman or birthing person, add this to her notes and explain why you have done this.
- Ask the father or partner if they would like their GP to be informed about the loss so it can be added to their notes, and record their consent if they did.
- Consider bereavement care principles in the context of management of other types of delivery.

### C. After the birth

### **Memory making**

- Offer parents the opportunity to see and hold their baby. Offer to describe the baby's appearance.
- Let parents know they can change their mind, but respect a decision when one has been made.
- Complete the informed choice form to ensure parents are provided with options but do not feel pressured.
- Give parents time to reflect and decide what they want.

- Consider the condition of the baby when offering memory making options.
- Discuss with parents:
  - · Washing and dressing the baby
  - Photographs
  - Hand and foot prints
  - Certificate of birth (a template certificate is available from <u>nbcpathway.org.uk)</u>
  - Taking the baby out of the hospital environment (a template form is available from nbcpathway.org.uk)
  - Memory box
  - Other memorials
- Where there is a death from a multiple pregnancy, discuss with parents the options around memory making with siblings.
- Be sensitive about religious/cultural needs and offer to arrange chaplaincy/ spiritual care. Staff should be mindful that memory making may be a time where prayers or rituals are significant but also that some memory making may not feel appropriate because of their faith. All parents should be asked their preference and given information about what can be arranged.
- Where appropriate, parents should be given the option to take their baby home or out of the hospital environment. If the parents do choose to take their baby home, it is important for a member of the bereavement team to follow up to provide support and advice.

### **C.** After the birth continued

#### Post-mortem examination

- Ensure staff discussing post-mortem examination consent with parents are trained to do so.
- Allow a minimum of one hour for this discussion.
- Ensure discussion takes place in a quiet, private place.
- Tell the parent if the post-mortem examination will take place at a different hospital, and explain where and why.
- All transport arrangements and handling of the baby must be respectful; label and track the baby's body.
- During the consent process, inform parents of the likely time scales for the return of the baby's body and the results.
- Identify a named contact within pathology and maternity who will be responsible for following up on results.
- Ensure any small objects or keepsakes such as a hat or cuddly toy that parents sent with the baby are returned following the investigation.
- Ensure that you are aware of relevant statutory death review processes (for example, Child Death Overview Panel [CDOP]) and that these link with your Trust's internal processes (for example, morbidity and mortality [M&M] meetings, patient serious incident [PSI]) and inform the family as appropriate.
- Guidance materials are available to share with parents.
- Staff should be aware and ready to make any necessary adaptations for parents with an identified learning disability to ensure that parents fully understand. Staff should also ensure that if an interpreter is needed, this is arranged prior to the discussion.

#### **Funerals**

- Provide parents with information around the legal requirements and options.
- Discuss what is available through the Trust and other local options.
- Provide parents with written information, including:
  - The choices they have if they want the hospital to make arrangements
  - The choices they have and what they need to do if they want to manage the arrangements
  - The costs involved (if any)
- Bear in mind, and facilitate where possible, different personal, religious and cultural needs. Do not make assumptions.
- Discuss the options for urgent burial and cremation with parents where appropriate.
- Offer to refer parents to the chaplaincy team.
- Record all decisions made by the woman or birthing person in her medical records, including where information is declined or no decision is made.
- Further information on the cost of child funerals can be found at gov.uk/childfuneral-costs. For further information on arranging a funeral, parents can access the Child Funeral Charity.

### **Registration and certification**

- Provide parents with the medical certificate certifying stillbirth.
- Provide information about the registration process, including where and how to register, and who can register. Inform the parents that a stillbirth must be registered within 42 days.
- Provide written information.
- Ensure parents have any other information the registrar will need.

### D. Discharge and aftercare

#### Discharge and aftercare

- Discuss lactation, milk donation and milk suppression with the woman or birthing person.
- Discuss with the the woman or birthing person ongoing physical symptoms she may experience, such as bleeding and pain, and when to contact a healthcare professional.
- Discuss place and time of leaving the hospital.
- With the woman or birthing person's consent, primary care staff should be promptly informed that the woman or birthing person has experienced the death of her baby.
- Inform primary care staff where the woman or birthing person will be staying when she leaves the hospital.
- Before parents leave the hospital, give them the contact details for primary care staff, secondary care staff and also local and national support organisations (a template contact card is available from nbcpathway.org.uk).
- Offer all parents a follow up appointment.
- Ensure parents know what to expect from this appointment.
- Discuss location of the follow up appointment and who can attend.
- For any future appointments, staff should be aware and ready to make any necessary adaptations for parents with an identified learning disability. Staff should also ensure that if an interpreter is needed, this is arranged prior to the discussion
- Staff should also provide information on when the woman or birthing person can return to physical activities and exercise. As appropriate, staff should provide information on pelvic floor muscle exercises.

- Ensure that physical postpartum recovery needs are being met, including asking the GP to initiate a 6-8 week GP check for the woman or birthing person's physical wellbeing and recovery as well as their emotional health.
- Ensure that the woman or birthing person's physical health and recovery needs are met. Resources on physical recovery that are sensitive to loss are available from <u>The PABL Project</u>.

#### **Ongoing emotional support**

- With consent from the parents, ensure all hospital and community healthcare staff have been informed of the baby's death.
- With her consent, ensure the woman or birthing person's notes have a baby loss summary sheet attached (a template form is available from <a href="mailto:nbcpathway.org.uk">nbcpathway.org.uk</a>).
- Discuss the difficult emotions parents may experience with them and let them know any feelings they have are normal.
- Provide parents with information about the emotional support available to them via your Trust, primary care colleagues and via local and national support organisations (see Useful contacts).
- Offer parents contact with the chaplaincy team.
- Allow sufficient time for all follow up appointments (refer to local policies, where they exist).
- Make sure you know who can offer a mental health assessment and treatment to be eaved parents and the wider family.
- Ensure follow up care by the GP or health visitor is arranged for the partner as well as the woman or birthing person.
- See also <u>NICE guidance</u> on antenatal/ postnatal mental health.



### **D.** Discharge and aftercare continued

#### **Review**

- The Perinatal Mortality Review Tool (PMRT) is available in England, Scotland and Wales and is free to use. Reviewing the death of a baby is part of standard NHS care.
- Inform parents about the process of perinatal review and invite them to become involved in the review process.
- Ask parents if they want to be informed of the outcomes of the review of their baby's death, and if they have any questions for the review to address.
- Offer parents flexibility on the timing of when and how they contribute to the review process.
- Ensure the review looks at parents' clinical and emotional care, and covers the whole pathway of care, both antenatal and postnatal, with input from community healthcare professionals.

#### **Feedback**

- Discuss with parents the opportunity to give feedback about the bereavement care they receive.
- If they give consent to be contacted for feedback, let them know how and when they will be contacted.
- Document consent to participate in giving feedback.
- Use the Maternity Bereavement Experience Measure (MBEM) to capture parent feedback.
- Be clear with parents that this feedback mechanism is not a review of the baby's death nor a complaints process.
- Be clear with parents about whether they will receive any follow-up contact about this after submitting their feedback.

### Care in the community

- Offer parents a telephone call and/ or house visit when they are back in the community.
- Allow enough time to offer emotional support as well as to check the woman or birthing person's physical health.
- Discuss with parents how to talk about the baby who died with existing and subsequent siblings.
- Ensure ongoing care is available if needed. Offer referrals when necessary.
- Give parents the contact details of a healthcare professional they can contact for information and support (a template contact card is available from nbcpathway.org.uk).
- Offer parents contact with the chaplaincy team.
- Give parents the contact details of local and national support organisations (see Useful contacts).



### E. Subsequent pregnancy

#### **Pre conception**

- Familiarise yourself with the parents' notes.
- With consent, ensure the woman or birthing person's notes are marked with a baby loss form (a template form for the notes is available from <u>nbcpathway.org.</u> <u>uk).</u>
- Support parents to make informed choices around if/when to try for another baby.
- Discuss what, if anything, parents can do to reduce the risk of another death.
- Listen to and acknowledge parents' fears and concerns.
- Do not offer false reassurance and be aware that statistical probabilities may not be comforting.
- Be clear about the available support from staff and other organisations.
- Ensure that fathers and partners are offered support.

#### **Antenatal care**

- Offer regular contact with staff and emotional support and screening for mental health difficulties.
- Refer parents to another unit or another consultant if requested.
- Outline any additional antenatal support offered. Allocate extra time for these appointments.
- Remind parents they can bring a support person to attend these appointments.
- Discuss and acknowledge with parents (where appropriate) certain stages, events or dates during the pregnancy that may be particularly difficult for them (for example, discuss the birth plan and offer ward tour); consider a clinical alert to inform staff of the woman or birthing person's previous history before admission.

## E. Subsequent pregnancy continued

#### **Delivery and birth**

- Be prepared for parents' emotional reactions during labour and at the birth.
- Be available to offer support if needed.
- Offer support to any partners or birth supporters who are with the woman or birthing person.
- Offer sensitive support to parents after their baby is born.
- Let parents know mixed feelings are normal and be ready to talk about the baby who died.

### F. Staff care

#### Staff support

Staff support- please see full guidance for greater detail

- Recognise your own support needs
- Communicate these needs with management and colleagues; other staff may have similar needs.
- Ensure you are aware of the wellbeing services and support structures in place within your Trust.
- Be aware of the stresses and challenges faced by your colleagues.
- Where appropriate flag support systems with them.

#### Trusts should provide:

- A safe, compassionate workplace culture that normalises seeking support.
- · Bereavement care training to all staff.
- A trauma-informed approach to staff support.
- Access to wellbeing services and opportunities for staff to debrief.
- Monitoring of staff wellbeing.
- Access to appropriate support for managers and senior staff.

#### Not all of these contacts will be appropriate for all pathways

#### **National contacts:**

#### Action on Pre-Eclampsia (APEC)

Helps and supports women and birthing people and their families who are affected by or worried about preeclampsia and aims to raise public and professional awareness of pre-eclampsia.

action-on-pre-eclampsia.org.uk

#### **Antenatal Results and Choices (ARC)**

Offers non-directive individualised information and support for parents making decisions around antenatal testing, including when a baby has a significant anomaly. arc-uk.org

#### Baby Mailing Preference Service (MPS) online

Free site where parents can register online to stop or help reduce baby-related mailings.

mpsonline.org.uk/bmpsr

#### **Bereavement Advice Centre**

Offers information and advice for people with practical concerns after the death of someone close to them.

bereavementadvice.org

#### **Bliss**

Offers support for families of premature or sick babies, including bereaved families.

bliss.org.uk

#### **British Pregnancy Advisory Service (BPAS)**

Offers advice and treatment for termination of pregnancy in the UK.

bpas.org

#### **Child Benefit Office**

Parents can contact the Child Benefit Office at HM Revenues and Customs for information about eligibility, claiming and stopping Child Benefit.

gov.uk/government/organisations/ hm-revenuecustoms/contact/child-benefit

#### **Child Bereavement UK (CBUK)**

Provides support for families when a baby or child has died or is dying and offers support for children faced with bereavement. Offers training for professionals.

childbereavementuk.org

#### **The Compassionate Friends**

An organisation of bereaved parents, siblings and grandparents that offer support to others after the death of a child or children.

tcf.org.uk

#### Contact

Provides support, information and advice for families with disabled children.

contact.org.uk

#### **Cruse Bereavement Care**

Offers support to bereaved people and training for professionals.

cruse.org.uk

#### **Each Baby Counts**

The Royal College of Obstetricians and Gynaecologists' programme to reduce the number of babies who die or are severely disabled as a result of incidents occurring during term labour in the UK.

rcog.org.uk/eachbabycounts

#### **Ectopic Pregnancy Trust**

Provides support and information for people who have had or been affected by an ectopic pregnancy, including health professionals.

ectopic.org.uk

#### Federation of British Cremation Authorities (FBCA)

Professional organisation of burial and cremation authorities in the UK.

fbca.org.uk

#### **Funeral Payments - NI Direct**

Financial help that is available for individuals on low-incomes in Northern Ireland who need help to pay for a funeral that they are arranging.

nidirect.gov.uk/articles/funeral-expenses-payments

#### **Funeral Payments – UK Government**

Financial help that is available for individuals on low-incomes in England, Wales and Scotland who need help to pay for a funeral that they are arranging.

#### gov.uk/funeral-payments

#### Gifts of Remembrance

Provides photography training for hospital staff and volunteers who support parents after a stillbirth or neonatal death.

#### giftsofremembrance.co.uk

## Human Fertilisation and Embryology Authority (HFEA)

Independent regulator overseeing the use of gametes and embryos in fertility treatment and research that provides information for parents about the fertility process and fertility clinic.

#### hfea.gov.uk

#### **Human Tissue Authority (HTA)**

Regulator for human tissue and organs and organisations that remove, store and use tissue.

#### hta.gov.uk

#### **Infertility Network UK**

Provides support for people dealing with infertility and/or who are facing involuntary childlessness.

#### infertilitynetworkuk.com

## Institute of Cemetery and Crematorium Management (ICCM)

Professional organisation of burial and cremation authorities in the UK that promotes the improvement of cemeteries, crematoria and public services.

#### iccm-uk.com

#### International Stillbirth Alliance (ISA)

International alliance of organisations and individuals working to prevent stillbirth and improve bereavement care worldwide.

#### stillbirthalliance.org

#### Jobcentre Plus - Bereavement Services Helpline

Provides information about benefits claims.

Telephone: 0345 608 8601 gov.uk/contact-jobcentre-plus

#### **Lullaby Trust**

Offers support and advice for parents whose baby dies suddenly and advice on safer sleep.

#### lullabytrust.org.uk

#### **Miscarriage Association**

Offers support and information for individuals affected by pregnancy loss and for health care professionals.

#### miscarriageassociation.org.uk

#### **MSI** Reproductive choices

Independent provider of sexual and reproductive health services in the UK.

#### msichoices.org.uk

## Woman or birthing persons and Babies: Reducing Risk through

## Audits and Confidential Enquiries across the UK (MBRRACE-UK)

Provides surveillance of maternal, perinatal and infant deaths in the UK.

#### npeu.ox.ac.uk/mbrrace-uk

Also provides an online reporting system for healthcare units to report maternal, perinatal and infant deaths.

#### mbrrace.ox.ac.uk

#### **Money Helper (formerly Money Advice Service)**

Provides free and impartial money advice, including information for bereaved parents about benefits and entitlements after the death of their baby.

#### moneyhelper.org.uk

#### **Multiple Births Foundation (MBF)**

Provides support and information for multiple birth families (including bereavement support) and information for professionals.

#### moneyhelper.org.uk

#### **National Association of Funeral Directors**

Provides support and guidance for funeral firms and bereaved families using their services.

#### nafd.org.uk

#### **National Association of Memorial Masons (NAMM)**

Sets standards for memorial stones and provides information for individuals who are choosing a memorial **namm.org.uk** 

#### **National Perinatal Epidemiology Unit (NPEU)**

Multidisciplinary research unit at the University of Oxford who provide evidence to improve care for women and birthing people and their families in the perinatal period and promote the effective use of resources by perinatal health services.

#### npeu.ox.ac.uk

#### **The Natural Death Centre**

Offers support, advice and guidance for families and other individuals who are arranging a funeral, including information about environmentally-friendly funerals and woodland burial sites.

#### naturaldeath.org.uk

#### Now I lay me down to sleep

An American website that puts bereaved parents in touch with professional photographers who will take photographs of their babies at no cost. Site shows examples of photographs of babies of all gestations. Photographers in the UK can also be found through the Find a Photographer page.

#### nowilaymedowntosleep.org

#### **Our Missing Peace**

Resources for bereaved families and a helpful repository of information under 'useful links' across the four Home Nations.

#### ourmissingpeace.org

#### **Parental Bereavement Leave**

Government scheme enabling parents who lose a baby or child to be entitled to parental leave.

#### gov.uk/parental-bereavement-pay-leave

#### **Perinatal Institute for Maternal and Child Health**

National non-profit organisation that aims to enhance the safety and quality of maternity care and provides resources for healthcare professionals.

#### perinatal.org.uk

#### **Rainbow Trust Children's Charity**

Offers support to families in England with life-limiting and life-threatening conditions.

#### rainbowtrust.org.uk

#### Registry Offices for England and Wales, Scotland, and Northern Ireland

England and Wales: General Register Office

#### gov.uk/general-register-office

Scotland: National Records for Scotland

#### nrscotland.gov.uk/registration

Northern Ireland: General Register Office Northern Ireland (GRONI)

#### nidirect.gov.uk/gro

#### Relate

Offers relationship support to help people strengthen their relationships.

#### relate.org.uk

#### Remember My Baby Remembrance Photography

UK-based charity who have professional photographers who voluntarily provide their photography services to parents whose baby dies before, during or shortly after birth.

#### remembermybaby.org.uk

#### Sands (Stillbirth & Neonatal Death Charity)

Provides support and information for anyone affected by the death of a baby, before or after birth. National helpline, local parent-led support, literature and online support. Works to improve care when a baby dies and promotes research to reduce the loss of babies' lives sands.org.uk

#### **Samaritans**

samaritans.org

Offers confidential support that is available 24 hours a day to people who need to talk.

Telephone: 116 123 (UK) or 116 123 (ROI).

#### **Twins Trust Bereavement Support Group**

Offers support for families who have lost one or more children from a multiple birth during pregnancy, birth or at any time afterwards.

#### twinstrust.org/bereavement

#### **Together for Short Lives**

Offers support for families with children who have lifethreatening or life-limiting conditions and professionals and services (including children's hospices).

#### togetherforshortlives.org.uk

#### **United Kingdom Association for Milk Banking** (UKAMB)

Supports human milk banking and aims to provide safe and screened donor breastmilk for premature and sick babies.

#### ukamb.org

#### Winston's Wish

Offers support to be reaved children, their families and professionals.

winstonswish.org.uk

#### **Working Families**

Helps working parents, carers and their employers balance home and work responsibilities. They also provide information about parents' rights at work and to benefits after they experience miscarriage, stillbirth and neonatal death.

workingfamilies.org.uk/articles/ miscarriagestillbirth- and-neonatal-death-yourrights-at-work

Other

# Supporting documents

The following supporting documents are available from nbcpathway.org.uk

- Best practice in bereavement.
- Contact card.
- Creating memories offering choices.
- Form for parents who take their baby's body home.
- Funeral consent form for parents.
- Maternity Bereavement
  Experience Measure (MBEM).
- Previous stillbirth death form for notes.
- Terminology.

nbcpathway.org.uk



# For more information visit: **nbcpathway.org.uk**

sands.org.uk

